【摘要】目的探讨原位心脏移植术后血流动力学的监测与护理，以指导临床治疗，提高早期存活率。方法回顾分析96例晚期心脏衰竭患者接受原位心脏移植术，术后早期血流动力学指标监测和护理，维持血流动力学稳定。结果所有患者术后均接受血管活性药物治疗，移植早期7例患者因心脏衰竭急性右心功不全而死，55例患者恢复出院。结论原位心脏移植术后血流动力学变化多发生在早期，正确评估与及时干预对提高生存率，延长期生活质量改善有重要作用。【关键词】心脏移植；血流动力学；监测；护理

Early hemodynamics monitoring and nursing care after orthotopic heart transplantation LIN Yan-juan, JANG Xiao-young. Department of Cardiac Surgery, Union Hospital, Fujian Medical University, Fuzhou 350001, China.

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Abstract Objective To explore the experience of monitoring and the nursing care of early hemodynamics after orthotopic heart transplantation in order to improve the short-term outcome. Methods A total of 96 patients with end-stage cardiomyopathy underwent orthotopic heart transplantation. The hemodynamic were closely monitored and nurse cared after operation in order to maintain the stability of hemodynamics of allograft. Results All recipients received vasocactive drug therapy and seven recipients died of acute allograft right ventricular dysfunction during the postoperative period. The rest survived well and had a rather good quality of life. Conclusions The hemodynamic changes occur at the early period after orthotopic heart transplantation. The main change in the right ventricular failure. It is important for the recovery and prognosis to monitor the hemodynamic changes and analyze the causes in order to direct the therapy.

【Key words】Heart Transplantation; Hemodynamics; Monitoring; Nursing